

Dates for your Diary

- **Café open Monday to Friday 8am – 3.30pm serving lovely fresh food. (Term time)**
- **Monday – Friday Sensory Room** available for bookings as a family or with a group of friends.
- **Any time Crafts!** All day any day! We always have a range of crafts, colouring, sticking etc. to do with your child in our café area just ask at reception for some crafts to do!
- **Volunteers needed!** Can you support your children centre for a few hours each week in the following roles: **café, groups, gardening, parents' forum, events, publicity?** Or do you have a **special talent you can contribute?** Full training and career development support given. Please speak to Tracey if interested 476480.
- **Baby Steps Antenatal Courses** now running on various days / times throughout the year – please call or drop in to reception 955709 to book your place. (Betterstart Activity)
- **Free Vitamins** (eligibility applies) For children and Mothers. See reception.
- **Free Breakfasts for children!** 8am - 10am every school holiday.
- **February Half Term Holiday Activities 18th – 22nd** – (See Half Term Time- table!)

SAVE THE DATES!

- **Tuesday April 9th Spring Party** see details in centre or Facebook during March 2019
- **Monday March 4th Pancake Day:** Join us in the café from 3pm – 4.30pm for Fun Pancake activities. Pancakes only £1 per family! Plus half price drinks!
- **Mondays' Monthly Parents Forums'** with refreshments – **10am-11am** – Grange Park Children Centre – Have your say on centre activities, events and the environment; **January 14th, February 4th, March 4th and April 1st.** Please call for details or drop in on these dates if you would like to attend the next meeting.

SPEECH AND LANGUAGE DEVELOPMENT SUPPORT:

Are you worried about your child's speech or would like advice and tips on enhancing your child's communication? We have lots of help available including:

- Bookstart visits with a free set of books and tips from a member of the children centre team – Book yours at reception or call 476480.

- Drop in Information station sessions for direct advice for 0-4 years from a Communicate Speech and Language Therapist 9.30-11.30 on Feb 6th and April 10th
- Drop in group Information sessions for direct advice for 0-19 years from a NHS Speech and Language Therapist 9am – 10.30 am on Thursday's January 10th, February 14th, March 14th, April 11th.
- Courses; Talk with Me by Communicate SLT team – call for details of next one
- FRED – Fathers Reading Together aimed at Dads. (Betterstart Initiative) Ring – drop in.
- Weekly Activities in the children centre aimed at Speech Promotion; Fridays - Little Actors & actresses and Monday's Tiddly om pom poms which are particularly good for aiding speech development. See time table.

FINDING A NURSERY OR CHILD-CARE SUPPORT:

Drop in to reception at any time and ask us about nursery provision in the area.

We can also assist you with information regarding 2 and 3 year old grant eligibility.

In addition we have specific nursery and grant drop ins' for detailed information by the early years child care on the following dates in the centre: Feb 6 – April 10th

Like us www.facebook.com/grangechildscentre

February 6th 9.30 – 11.30am & April 10th 9.30-11.30am

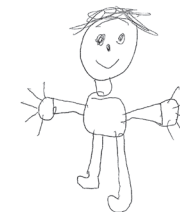
- **Please note:** Photo's at groups and activities: We would like to request that parents do not take photo's at our groups on mobiles or camera's. If you wish to take a photo please ask a member of the centre team who will be able to set up a photo opportunity for you.
- **Please note:** The children centre team aim to provide a safe, stimulating play environment for you and your child. It is always the parents / carer's responsibility at all our activities to fully supervise their children and ensure that they fully involve their own children in all of the fun learning activities especially prepared for you.
- **Zero Tolerance Policy** The centre aims to be a safe and happy place for the children, families and staff working here. Please ensure no swearing, aggressive behaviour as this will not be accepted.

Grange Park Children's Centre Activity timetable

All activities in the centre are Free of Charge

Grange Park Children's Centre
Dingle Avenue, Blackpool FY3 7NX
Tel: 01253 476480

We always love it!!!
I love this is the best this place...
In the world I love this place...



Jan - Mar
2019



Blackpool's children centres are provided in partnership by Blackpool Better Start and Blackpool Council.

CONTACT US

www.blackpoolbetterstart.org.uk

Please check out our Twitter @CECDBlackpool
Please check out our facebook – facebook@gpchilrenscentre



www.blackpool.gov.uk

Blackpool Council

CHILDREN'S CENTRES

MONDAY

Date/Time	Venue	Activity/Course
8:00am – 3.30pm	Grange Park Children's Centre	Café open
9am – 12.30 am	Grange Park Children's Centre	Child Minder Drop In: open to all registered child minders in our specially set up child-friendly rooms.
12.50am – 1.50 pm	Grange Park Children's Centre	Tiddly Om Pom Poms (TOPPS): Delivered by Blackpool Music service. A fun music and movement session. Lots of fun helping develop your child's rhythm and rhyme skills using musical instruments. Ages 0-4 years. Term-time only. Starts 7th January. Good for aiding speech development!
Mondays' 3.15pm – 4pm Starts January 14th	Grange Park Children's Centre	After-School Family Cookery: Join us in the café for family cooking time together. Any age welcome.

TUESDAY

Date/Time	Venue	Activity/Course
8:00am – 3.30pm	Grange Park Children's Centre	Café open
Tuesday (and any other week day)	Grange Park Children's Centre	Why not book out our sensory room? For you and your child or, a group of friends for a relaxing experience, ball pool, bubble tube, sensory toys! Call 476480 or drop in to book.
Tuesday (and any other week day)	Grange Park Children's Centre	Any time Crafts! We always have a range of crafts, colouring, sticking etc. to do with your child in our café area just ask at reception for some crafts to do!
1.30pm - 2.30 pm	Grange Park Children's Centre	Very Messy Play! Bring spare clothes and let your child's imagination, scientific and exploration skills run wild. Messy plays aids development of fine motor skills, and skills such as pouring, measuring and mixing using jellies, beans, foam, and lots of other fun gooey stuff!
9:00 - 5.00pm March 5th	Grange Park Children's Centre	Early Literacy Farm week Theme: All day activities.
3.00pm – 5.00pm	Grange Park Children's Centre	After-school Art Club: Join us in the café for fun family craft activities together. Any age welcome.

WEDNESDAY

Date/Time	Venue	Activity/Course
8:00am – 3.30pm	Grange Park Children's Centre	Café open
9.30am - 11.00am	Grange Park Children's Centre	Health Visitors drop-In Baby Weigh Clinic: Patients from all surgeries welcome to have their baby weighed. Don't forget to bring your red book! (Make a morning of it, our community café is open from 8am – 3.30pm).
1.00pm – 3.00 pm	Grange Park Children's Centre	First Aid Course: Starts January 16th - February 13th Grange Park Children Centre- Adult and Family Learning Team. Gain an Employer recognised First Aid Certificate – (Child care may be available) – please book your place on 476480 or call in to reception.
Appointments available 9:00am - 5:00pm	Grange Park Children's Centre	New Birth Registration: Did you know you can register your babies' birth here in the centre with the Registrar? To make an appointment ring 477177 or visit www.blackpool.gov.uk/births .
10.00am - 11.00am Starting Jan 23rd - Feb 13th	Grange Park Children's Centre	Move, Play & Grow! Grange Park Children Centre. Fun childrens' games sessions! (Betterstart Activity)
9.30am - 12.00pm Jan 28th, Feb 27th, Mar 27th	Grange Park Children's Centre	Monthly Baby Rover is back! Clothes bundles at £1.
3.30pm - 4.30pm	Grange Park Children Centre / St. Marks Church	After School games by ST. Marks Church: Young children under 8 welcome if staying with parents, over 8's can stay on their own once registered.

THURSDAY

Date/Time	Venue	Activity/Course
8:00am – 3.30pm	Grange Park Children's Centre	Café open
9.30 - 11.30am Starts 28th February	Grange Park Children's Centre	Maths Course: Adult and Family Learning Team. Improve your Maths whilst working towards a qualification – (Child care may be available) – please book your place on 476480 or call in to reception.
9:00am - 1:00pm Starts Jan17th - Feb 28th	Grange Park Children's Centre	Build a Better You: (Volunteering Course). Volunteer Centre Team– (Child care may be available) – please book your place on 476480 or call in to reception. Course details: Look at where you are now, where you want to be? What motivates you in life? From looking at a skills audit to setting out a life plan volunteers can be supported to move forward and make the changes they feel they need to make. Establish a plan moving forward on what to do next. Free Lunch too!
1:00pm - 2:00pm Starts Jan 10th – Mar 14th	Grange Park Children's Centre	New Diddly Dancers! Brilliant interactive movement and dance sessions. This activity was previously loved by parents and children. Drop in! Helps your child to improve balance, movement and spatial orientation whilst having great fun. (Betterstart Activity)
9:00am - 5.30pm	Grange Park Children's Centre	Don't Forget the Sensory Room! Daily bookings available: Did you know that sensory rooms help improve balance, movement and spatial orientation? In addition sensory play develops visual processing and fine motor skills. Plus Any time Crafts! Any time of the week, we always have a range of crafts, colouring, sticking etc. at hand to do with your child in our café area just ask at reception for some crafts to do!
3:00pm - 5:00pm	Grange Park Children's Centre	New for 2019! After-School Soft and Sensory Play group: Come and use our soft play and sensory resources. Tunnels, floor mats, dens and parachute games. Family fun with a range of new games and activities to play together. Any age welcome.

FRIDAY

Date/Time	Venue	Activity/Course
8:00am – 3.30pm	Grange Park Children's Centre	Café open
1:00pm - 2:00pm	Grange Park Children's Centre	Little Actors and Actresses: Themed interactive sessions. Delivered by Petite Acting Academy. Is your child a little star? Come along to this innovative performance and creative arts and drama sessions. Using action songs, puppets, basic drama and movement skills your child will build in confidence and their creative imagination! Suitable for most age groups. Good for aiding speech development!
9:00am – 5.30pm	Grange Park Children's Centre	Sensory Room available for bookings. Did you know that sensory rooms help improve balance, movement and spatial orientation? In addition sensory play develops visual processing and fine motor skills.
Friday's (and any other week day)	Grange Park Children's Centre	Any time Crafts! We always have a range of crafts, colouring, sticking etc. to do with your child in our café area just ask at reception for some crafts to do!
3.45pm - 4.30 pm Starts Jan 18th - Feb 15th	Grange Park Children's Centre	After-School Kiddie Bingo! Loads of fun after school on long winter evenings! Matching, learning socialising and prizes to be won at Grange Park Children Centre.

Call for details on activities in the new year @the Grange!

February 6th 2019 or March 29th 2019 - Getting to Grips with Universal Credit 10am -3pm
phone Adult, Community Learning team on **478131** or **478032** to book your place. (@theGrange)

February 8th 2019 or 27th March 2019 - Managing your money on Universal Credit 10am -3pm
phone Adult, Community Learning team on **478131** or **478032** to book your place. (@theGrange)

For Further help and support on Employment, Training or Volunteering opportunities ring **Tracey** or **Lynda** at Grange Park on **476480**.



Better Start is pleased to support activities for 0-4 year olds and their families delivered through Blackpool Children's Centres.