

FRIDAY

Date/Time	Venue	Activity/Course
9.30am – 10.15am	St.Paul's Church Hall, Egerton Road	Little Kickers: A fun, physical activity session for children who are confident walkers to 5 years old. Drop in.
10.30am – 11.30am	Westminster Children's Centre	Baby Rhyme Time: Come and join us in our sensory space. We will share our favourite rhymes and stories together. Helping babies develop their brains in a healthy and natural way.
	Westminster Children's Centre	Sensory Room: Available for Private Hire *Booking Essential* Available for private family & friends bookings for 60 min slots. Call the Children's Centre for more information.

Westminster Children's Centre Activity timetable

All activities in the centre are Free of Charge

Westminster Children's Centre
Westminster Road, Blackpool
Tel: 01253 621703

Dates for your Diary

Zoolab: Come along to our child friendly session and handle animals that you and your children may never have handled before.

Army and Emergency services: Come along and meet the people who help us keep safe, this session is good for children all ages.

DECEMBER

Making Memories: Dots on Pots - Come along to this session and make a keepsake for you or a family member this Christmas.

Biscuit making and decorating: In this session we will be making and decorating biscuits for all the family to enjoy.

Parents Voice: Free Coffee and Cakes!
Venue: Westminster Children's Centre
12th September
2.00pm-3.00pm

Parents, we need you! Come along and let us know what services you would like in your local community and help to shape your children's centre services for young children. Speak to a member of our team to find out more.

Children's Centre Advisory Group:

Venue - Westminster Children's Centre
Would you like to represent children's centre parents and help to shape the groups and services on offer for children and families?

Speak to a member of our team to find out more.
Next meeting 6th November 2018 at 2.00pm

SATURDAY MORNING SESSIONS:

If you have any ideas for activities for young children that you would like to see on a Saturday morning, we would love you to let us know. Talk to a member of the team to share your ideas or for more information!

Healthy Start Vitamins

Available for pregnant ladies from 10 weeks up until your child is 1 year old. Also available for children aged 4 months to 5 years old. Speak to a member of the team for more information.

Computer Use

Need to use a computer to send an important email, search for jobs or update your CV? Then come and use our computer – free of charge!

For up to date information and Children's Centre events go to our Facebook Page or our Blog site.

Sept - Dec
2018



Blackpool's children centres are provided in partnership by Blackpool Better Start and Blackpool Council.

CONTACT US

www.blackpoolbetterstart.org.uk

Please check out our Twitter @CECDBlackpool
<http://cc.westminsterprimary.co.uk/>



J113621 0818

www.blackpool.gov.uk

Blackpool Council

CHILDREN'S CENTRES

MONDAY

Date/Time	Venue	Activity/Course
10.00am – 11.00am Drop In	Westminster Children's Centre 	Messy Play: Come along and join in this fun experience for babies and young children from 3 months to 5 years of age. Messy play contributes to the development of a child's cognitive and creative abilities. It allows a child to explore their senses by providing the opportunity to pour, mix, squeeze and squelch materials not normally available to them.
10.00 - 11.00am Monday 12th November	Westminster Children's Centre	*special one off session* Robot Making: Booking essential Come and join us for our amazing fun filled Robot story and craft session, we will be sharing a story together and designing and making our Robots using recycled items.
9.00am - 3.00pm Monday 17th September	Westminster Children's Centre	Basic Food Hygiene: *Booking Required* Ask a member of staff for more details. On this one day course you will learn about the basics of Food Hygiene.
1.00 - 3.00pm Monday 24th September	Westminster Children's Centre	Internet Safety: *Booking Required* Ask a member of staff for more details. On this course you will learn hints and tips on how to keep you and your child safe online.
	Westminster Children's Centre	Sensory Room: *Available for Private Hire* Booking Essential Available for private family & friends bookings for 60 min slots. Call the Children's Centre for more information.

TUESDAY

Date/Time	Venue	Activity/Course
10.00am - 3.00pm	Westminster Children's Centre	Antenatal Clinic: *By appointment only* Breastfeeding information, support and signposting available. Free 'Healthy Start' vitamins available.
10.00am - 11.15am Starts - 11th Sept	Westminster Children's Centre	Talk With Me: *Booking Required* A fun 5 week programme that boosts children's communication skills. Come along to our group sessions to find out more about how communication develops and learn some handy tips to use at home.
12.30pm - 2.30pm Starts 18th Sept	Westminster Children's Centre	EPEC: *Booking Required* This 8 week course helps parents learn practical communication skills for everyday life and to bring up confident, happy and co- operative children. Better start lottery funded.
1.00pm - 2.00pm 11th September	Westminster Children's Centre	Baby Massage: Enjoy special one to one time bonding with your baby, learning baby massage techniques and the benefits for you and your baby. For babies 0-12 months old. 'Speech & Language' focused group. Drop-In session.
	Westminster Children's Centre	Sensory Room: Available for Private Hire *Booking Essential* Available for private family & friends bookings for 60 min slots. Call the Children's Centre for more information.

WEDNESDAY

Date/Time	Venue	Activity/Course
10.00-11.00am 12th September	Westminster Children's Centre 	Better Start Park Rangers: Come and join the Park Rangers every week for a morning of nature based fun! We'll explore your local green spaces, read stories, make things and enjoy different activities each week including: messy play, nature tots, little explorers and a range of themed sessions. It's an exciting group for babies, toddlers, parents and carers to enjoy – All welcome. Grab your '50 things to do before you're 5' booklet and come along to the sessions to see how many you can tick off! Wear warm clothes and waterproof footwear.
	Westminster Children's Centre	Sensory Room: Available for Private Hire *Booking Essential* Available for private family & friends bookings for 60 min slots. Call the Children's Centre for more information.

THURSDAY

Date/Time	Venue	Activity/Course
9.00am – 11.00am	Westminster Children's Centre	Baby Weighing Clinic: Come along to see the Health Visitor, get your baby weighed and access general help or advice on all aspects of child health. Free 'Healthy Start' vitamins available. Drop in.
9.00am – 11.00am	Westminster Children's Centre	Little Treasures: Why not stay and play after having your baby weighed in our brand new sensory room! Your baby will love exploring with our new bubble lights and 'black & white' resources that are specially designed for babies. For children aged 0-5 years. Free 'Healthy Start' vitamins available. Drop in.
20th Sept, 18th Oct, 22nd Nov, 13th Dec 9.00 - 11.00am	Westminster Children's Centre	Dental Nurse Drop in sessions: Come along and see the Community Dental Nurse who will be on hand to offer any advice you need to keep your little ones teeth in tip top condition! Free 'Healthy Start' vitamins available.
1.00pm – 3.00pm 13th September	Westminster Children's Centre	Family Cook and Eat and Fit2Go Session; *Booking Essential* Come and join us for our family cook and eat sessions, learn how to cook healthy meals on a budget share ideas and learn new skills.
	Westminster Children's Centre	Sensory Room: Available for Private Hire *Booking Essential* Available for private family & friends bookings for 60 min slots. Call the Children's Centre for more information.