

Baines Children's Centre Activity timetable

All activities in the centre are Free of Charge

Baines Children's Centre
Penrose Avenue, Blackpool
Tel: 01253 699085

Information

- **Check out our Facebook Page:** Baines Children's Centre and Nursery and website for October half term activities and up and coming event!
- **Free vitamins** for pregnant woman, mums and children aged between 6 months to 4years. Criteria applies, please ask for more details at reception.
- **Is your child 2 between 1st September and 31st December 2018?** Then your child may be entitled to 15hours FREE CHILDCARE. Please drop in or call the centre for more details on how to apply. Alternatively you can apply online at- <https://blackpool.gov.uk/Residents/Education-and-schools/Early-years-and-childcare/Free-childcare-for-2,3-and-4-year-olds.aspx>

Sept - Dec
2018

Free flowing cup:

- Using a cup is better for your baby's teeth and so it's a good idea to introduce a cup from about six months
- Learning to drink from a cup can be messy and fun but it's all part of growing up. Your child needs to learn to sip, not suck.
- Using an open cup or a free-flow cup without a valve will help your baby learn to sip rather than suck, which is better for their teeth.
- Valve cups (non-spill types) are not recommended. The sucking motion can lead to speech problems.
- Never give sugary drinks in bottles as this can cause very rapid tooth decay.
- Only have water or milk to drink between meals.

Blackpool's children centres are provided in partnership by Blackpool Better Start and Blackpool Council.

CONTACT US

www.blackpoolbetterstart.org.uk



Please check out our facebook – Facebook /Baines Children's Centre



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www.blackpool.gov.uk

Blackpool Council

CHILDREN'S CENTRES



MONDAY

Date/Time	Venue	Activity/Course
9am – 10.00am Term Time Only	Baines Children's Centre	Coffee Morning: Feel free to come along to our informal coffee morning, refreshments, Bingo, Raffles, and an opportunity to meet new people, parents with children under 5yrs welcome. 50p per family, refreshments provided. 24th September – Macmillan Coffee Morning, Bingo, Cakes and of course coffee.
9am – 10am 17 Sep 2018, 15 Oct 2018, 19 Nov 2018, 17 Dec 2018	Baines Children's Centre	Parents Forum Meeting: Parents can meet with the centre staff to discuss their views on what goes on at the centre and to share ideas for upcoming events in the community and shape future services.
Invite only. Starts 3rd September.	Baines Children's Centre 	Baby Steps -155: Contact your midwife for more information or register your interest at the centre.
Invite only. 8th, 15th and 22nd Oct	Baines Children's Centre 	Baby Steps Post - 141: Contact your midwife for more information or register your interest at the centre.

TUESDAY

Date/Time	Venue	Activity/Course
9.30am – 11.00am	Baines Children's Centre	Little Munchkins: Stay & Play for parent's and carers with children from 0-4years. Everyone welcome to come along and join the fun.
9.30am – 11am 25 September	Baines Children's Centre	Speech and Language Information Station: Speech and Language Information Station will attend; come along for informal advice and guidance around your child's speech development.
Tuesday, 2 October 2018.	Baines Children's Centre 	Grufallo Literacy Event: Literacy inspired session, themed on the story of "The Grufallo" will run alongside Little Munchkins.
Tuesday, 6 November 2018.	Baines Children's Centre 	Diwali Food Tasting Session: Come along to our food tasting session with traditional Diwali treats during Munchkins.
9.30am – 11am First Tuesday of the Month	Baines Children's Centre	*NEW*Housing Surgery: Advice on Anti-Social Behaviour in your area, Repairs and any issues with your tenancy. Please feel free to drop in!
9am – 3pm 9 October.	Baines Children's Centre	Debt Management Workshop: Workshop delivered by places for people, everyone welcome to come along to gain tips and advice around managing your money effectively. Please note no crèche provided free refreshments.
1pm – 2pm. Term Time Only	Baines Children's Centre	Gardening Club: Come along and join our new gardening club with our volunteer Jonathon. Vince from CLUB will also be along to plant Christmas and spring bulbs, exploring the outdoors and garden based activities for all. Everyone welcome.

WEDNESDAY

Date/Time	Venue	Activity/Course
9.30am – 11am Starts 19 September	Baines Children's Centre	*New Jump & Jive Group*: No booking required just come along and enjoy the fun. Interactive dance and movement session delivered by our volunteer Holly. Term Time Only
9am – 3pm 12 September	Baines Children's Centre	*NEW* First Aid: One off session. Come along and take part in gaining first aid skills for you and your family. No Crèche available, refreshments provided.Booking essential, as limited places.

9am – 12noon 3 October	Baines Children's Centre	*NEW* Social Media Workshop: One off Social Media workshop to provide parents with information on how to support their children using the internet safely, helpful tips and advice. No Crèche, places limited. Booking required.
Invite only.	Baines Children's Centre 	Baby Steps: Contact your midwife for more information or register your interest at the centre. Runs throughout the term.


THURSDAY

Date/Time	Venue	Activity/Course
10am – 12pm	Baines Children's Centre	Baby Time: Baby weighing clinic, health visitor available from 10.30am – 11.30am. Please feel free to come along for informal advice and guidance.
10am -12noon	Baines Children's Centre	Antenatal Smoking Drop in: Booking required, please speak to your midwife to access this service.
11.00am – 2.30pm 6 December	Baines Children's Centre 	WINTER WONDERLAND – WINTER GARDENS ABS EVENT!: PLEASE CONTACT THE CENTRE TO PRE-REGISTER, FURTHER DETAILS TO FOLLOW.
12.30pm – 2pm	Baines Children's Centre	First Stage of Pregnancy: Delivered by midwifery health trainers, advice for mums in early pregnancy. Booking required. Please speak to your midwife or drop into the centre.

FRIDAY

Date/Time	Venue	Activity/Course
9.30am – 11am Term time only.	Baines Children's Centre	Tweenies: Stay and Play session for walkers – 3 years old. Please feel free to drop in and explore the range of resources and activities available. Delivered by Jonathon.
9.30am – 11am 12 October	Baines Children's Centre	Speech and Language Information Station: Speech and Language Information Station will attend; come along for informal advice and guidance around your child's speech development.
1pm – 2.30pm	Baines Children's Centre	Baby Play: A group designed for parents/carers with children from 0 yrs – walkers. A chance for new parents to meet other parents/carers in the area, everyone welcome. Delivered by Jonathon. Term Time Only.

SATURDAY

Date/Time	Venue	Activity/Course
10.30am – 12noon Saturday 13 October	Baines Children's Centre 	SLIMEFEST: Come along and make your very own slime at our slime fest experience, lots of different slime to make and experience. Free for every child under 5's – refreshment provided. BOOKING REQUIRED
4.30pm – 6.30pm Friday 30 November	Baines Children's Centre	Christmas Markets with Santa: Come and see Santa, FREE gift for under 5's. Tombola, stalls, face painting, raffle and much more. Everyone welcome!
10.30am 8 December	Baines Children's Centre 	Christmas Panto: "Jack and the Beanstalk!" More details to follow.