


Kincraig Children's Centre Activity timetable

Kincraig Children's Centre
Kincraig Road, Blackpool, FY2 0HN
Tel: 01253 354059

Additional Information

- CALLING ALL DADS – WHY NOT POP IN AND FIND OUT MORE ABOUT F.R.E.D. (the Fathers Reading Every Day programme) 'Reading together is one of the best ways you can help your child – and have fun!' 
- LOOK OUT FOR ADDITIONAL ACTIVITIES THROUGHOUT AUTUMN WE WILL BE PROMOTING ON OUR WEBSITE OR FACEBOOK PAGE. <http://www.kincraig.blackpool.sch.uk/> Facebook – Kincraig Children's Centre
- 'Kincraig Children's Centre Advisory Board'. The group meet once a term, the purpose is to offer advice, assistance and challenge to the Children's Centre on how their services can develop in line with the needs of local families. We are looking for parents and carers who actively use our Children's Centre services to get involved in the development of the Centre. We are keen to hear your views and opinions, as well as feedback from other parents you know. If you would like more information about attending the next Advisory Board meeting please speak to a member of the Children's Centre Team..

Sept - Dec
2018




Blackpool's children centres are provided in partnership by Blackpool Better Start and Blackpool Council.

CONTACT US

www.blackpoolbetterstart.org.uk

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Blackpool Council

CHILDREN'S CENTRES

MONDAY

| Date/Time | Venue | Activity/Course |
|---|----------------------------|--|
| FREE LAP – TOP AND INTERNET USE FOR OUR LOCAL FAMILIES | | |
| 9.30 – 11.30 | Kincraig Children's Centre | Baby Clinic: Health visitors on hand to weigh baby and offer advice and guidance on child development... and a friendly chat. Please call in - no appointment necessary. <i>Don't forget to find out if you're eligible for FREE Healthy Start vitamins while you are here!</i> |
| 9.30 – 11.30 | Kincraig Children's Centre | Mothers and minds weekly drop - in: MAMS is providing a one to one drop-in for support aimed at women who are pregnant or have a child aged under one year. MAMS aims to help pregnant women and mums to improve their emotional well-being and nurture mother and baby interactions, making their journey into motherhood a positive one... drop in for a chat and a brew. |

TUESDAY

| Date/Time | Venue | Activity/Course |
|---|----------------------------|--|
| FREE LAP – TOP AND INTERNET USE FOR OUR LOCAL FAMILIES | | |
| 9.30 – 11.00 | Kincraig Children's Centre | <p>TOP TODDLERS: For children aged 18 months to 3 YEARS. – Activities are generally planned for children aged 18 months to 3 years but younger children are welcome to come along to enjoy the fun too.</p> <p>2nd October – we will be doing an activity based on 'JOURNEYS' for NATIONAL LITERACY WEEK.</p> <p>From 9th October for 5 weeks (by parent's request) we will have 'DANCE SESSIONS' from 'The Dance Place' at Top Toddlers!</p> <p>Lauren from 'COMMUNICATE' will be visiting on 20th November for information, advice and guidance about speech and language development.</p> |



Better Start is pleased to support activities for 0-4 year olds and their families delivered through Blackpool Children's Centres.

WEDNESDAY

| Date/Time | Venue | Activity/Course |
|---|----------------------------|---|
| FREE LAP – TOP AND INTERNET USE FOR OUR LOCAL FAMILIES | | |
| 9.30 – 11.30 10 week course commencing: 19th September | Kincraig Children's Centre | Caring for Babies and Children: Learn more about the best way to care for your baby or toddler. Find out about healthy meals for your family. Know how to keep your child safe. Work towards a qualification. - Call in or tel: 354059 to book a place. Please note...Creche places are limited. |
| 12.00 – 2.30 | Kincraig Children's Centre | First stage bookings: Midwifery Health Trainers offering advice and guidance on health in pregnancy – by appointment through your midwife. |
| 10:00 - 11:00 (term time only) | Moor Park Library | Shake, Rattle and Read: Suitable for toddlers/preschoolers |

THURSDAY

| Date/Time | Venue | Activity/Course |
|---|----------------------------|---|
| FREE LAP – TOP AND INTERNET USE FOR OUR LOCAL FAMILIES | | |
| 9.30 – 11.00 | Kincraig Children's Centre | <p>BABY TIME For children aged 0- 18 months: By parents' request - a group specifically for babies, cruisers and crawlers to offer socialising and sensory experiences - through age appropriate play. Mums, Dads and grandparents all welcome!</p> <p>Lauren from 'COMMUNICATE' will be visiting on 20th September for information, advice and guidance about speech and language development.</p> |
| 9.30 – 11.30 | Kincraig Children's Centre | Pregnancy stop smoking clinic: 1 to 1 support to stop smoking in pregnancy. Appointments arranged through your midwife or midwifery health trainer. |

FRIDAY

| Date/Time | Venue | Activity/Course |
|---|----------------------------|---|
| FREE LAP – TOP AND INTERNET USE FOR OUR LOCAL FAMILIES | | |
| 10.00 – 10.30 (Term Time ONLY) | Kincraig Children's Centre | Tiddly – Om – Pom – Poms: £1.50 per family A fun music making group delivered by Blackpool Music Service for Mums and Dads to share with their children (from 3 months) – (Term Time Only) |
| 10: 10.30 (term time only) | Moor Park Library | Baby Bounce and Rhyme |



CHECK OUT OUR FACEBOOK PAGE – KINCRAIG CHILDREN'S CENTRE!