

Grange Park Children's Centre Activity timetable

All activities in the centre are Free of Charge

Grange Park Children's Centre
Dingle Avenue, Blackpool FY3 7NX
Tel: 01253 476480

Free Vitamins ask at reception

Sept - Dec 2019



- Café open Monday to Friday 8am – 3.30pm serving lovely fresh food. (Term time)
- Monday – Friday Sensory Room available for bookings as a family or with a group of friends.
- Any time Crafts, Games and Outdoor play! All day any day! We always have a range of games, crafts, colouring, sticking etc. to do with your child in our café area just ask at reception!
- Volunteers needed! Can you support your children centre for a few hours each week in the following roles: café, groups, gardening, parents' forum, events, publicity? Or do you have a special talent you can contribute? Full training and career development support given. Please speak to Tracey if interested 476480.
- Baby Steps Antenatal Courses now running on various days / times throughout the year – please call or drop in to reception 955709 to book your place. (Betterstart Activity)
- Free Vitamins (eligibility applies) For children and Mothers. See reception
- Free Breakfasts for children! 8am - 10am every school holiday.
- Half Term Holiday Activities (See Half Term Time-tables!)
- Grow Blackpool Gardening Club @the Grange10-3 Wednesdays and Thursdays and 10-12 Fridays.

Save the Dates!

- Tuesday's Monthly Parents Forums' with refreshments – 12.45pm – 1.45pm – Grange Park Children Centre – Have your say on centre activities, events and the environment; 3rd Sept, 1st Oct, 5th Nov, 3rd Dec. Please call for details or drop in on these dates if you would like to attend the next meeting.

Speech and Language development support:

- Are you worried about your child's speech or would like advice and tips on enhancing your child's communication?
- We have lots of help available including:
- Bookstart visits with a free set of books and tips from a member of the children centre team – Book yours at reception or call 476480.
- Drop in Information station sessions for direct advice for 0-4 years from a Communicate Speech and Language Therapist 3rd Oct 1.30pm-2.30pm, 4th Dec 9.30am-11am
- Drop in group Information sessions for direct advice for 0-19 years from a NHS Speech and Language Therapist 9am – 10.30 am on Thursday's September 12th / October 10th / November 14th / December 12th.

Finding a nursery or child-care support:

- Drop in to reception at any time and ask us about nursery provision in the area.
- In addition we have specific nursery and grant drop ins'
- Free Childcare for 2, 3 and 4 year olds
- You may be entitled for up to 15 hrs per week early education for your 2 year old and up to 30 hrs per week for 3 and 4 year olds. – Talk to us and find out more information on this and childcare in your area at Grange Park Children's Centre on
- 17th Sept 1pm – 3pm,
- 15th Oct 1pm – 3pm,
- 12th Nov 1pm – 3pm

Like us www.facebook.com/grangechildrenscentre

- don't miss these key activities!
- Please note: Photo's at groups and activities: We would like to request that parents do not take photo's at our groups on mobiles or camera's. If you wish to take a photo please ask a member of the centre team who will be able to set up a photo opportunity for you.
- Please note: The children centre team aim to provide a safe, stimulating play environment for you and your child. It is always the parents / carer's responsibility at all our activities to fully supervise their children and ensure that they fully involve their own children in all of the fun learning activities especially prepared for you.

Zero Tolerance Policy

- The centre aims to be a safe and happy place for the children, families and staff working here. Please ensure no swearing, aggressive behaviour as this will not be accepted.

Blackpool's children centres are provided in partnership by Blackpool Better Start and Blackpool Council.

CONTACT US

www.blackpoolbetterstart.org.uk

Please check out our Twitter @CECDBlackpool
Please check out our facebook – facebook@gpchildrenscentre



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www.blackpool.gov.uk

Blackpool Council
CHILDREN'S CENTRES

MONDAY

Date/Time	Venue	Activity/Course
9:00am – 12.30pm	Grange Park Children's Centre	Child Minder Drop in – open to all registered child minders in our specially set up child-friendly resource rooms.
11.30am – 1pm 23rd Sept, 11th Nov, 16th Dec	Grange Park Children's Centre	'Tea and Talk' Blackpool SENDIASS (Special Educational Needs and Disability, Information Advice & Support Service): Come along for free confidential advice to Parents & Carers with Children and Young People with Special Educational Needs and Disabilities, aged 0-25 years living in Blackpool.
12.50pm – 1.50 pm	Grange Park Children's Centre	Tiddly Om Pom Poms (TOPPS): Delivered by Blackpool Music service. A fun music and movement session. Lots of fun helping develop your child's rhythm and rhyme skills using musical instruments. Ages 0-4 years. Term-time only. Starts on 9/9/19 Good for aiding speech development!
1pm – 3pm	Grange Park Children's Centre	Monday's Grange Park Children's Centre: Ministry of Food Cooking Course – Join us for a brand new cooking course. Learn lots of new tips and healthy tasty recipe ideas. Starts 9/9/19, for 6 weeks. Please book your place at Reception.

TUESDAY

Date/Time	Venue	Activity/Course
Tuesday (and any other week day)	Grange Park Children's Centre	Why not book out our sensory room? For you and your child or, a group of friends for a relaxing experience, ball pool, bubble tube, sensory toys! Call 476480 or drop in to book. Any age!
Tuesday (and any other week day)	Grange Park Children's Centre	Any time Crafts and Games! We always have a range of crafts, colouring, sticking etc. to do with your child in our café area. Just ask at the reception for some crafts to do or games to play from our huge store cupboard!
10am - 11am	Grange Park Children's Centre	Baby Sign: Come along to Communicate's Baby Sign Group with your little one to learn some signs, make friends and have fun! (for babies aged 0-12mths) Starts 10/9/19 for 5 weeks

WEDNESDAY

Date/Time	Venue	Activity/Course
9am - 5pm	Grange Park Children's Centre	New Birth Registration Appointments available: Did you know you can register your babies' birth here in the centre with the Registrar? Birth Certificates now cost £11. To make an appointment ring 477177 or visit www.blackpool.gov.uk/births .
9.30am - 11am	Grange Park Children's Centre	Health Visitors drop-in Baby Weigh Clinic: Patients from all surgeries welcome to have their baby weighed. Don't forget to bring your red book! (Make a morning of it, our community café is open from 8am – 3.30pm)
9.30am - 11.30am	Grange Park Children's Centre	Grange Park Children Centre, Baby Sensory Play: Don't rush off after weighing, stay and relax in our Baby Sensory Play area. Babies of any age will love this specially set up room with lights, fibre optics and sensory play items. You and your child are guaranteed to feel calm and relaxed after this. Just come to the reception at Grange Park Children's Centre.
9.30am - 12pm	Grange Park Children's Centre	Baby Rover: Clothes bundles at £1. 25th Sept/ 30th Oct / 27th Nov / 18th Dec at Grange Park Children Centre. (Betterstart Activity)
9.30am – 11.30am Fortnightly, 4th Sept, 18th Sept	Grange Park Children's Centre	Baby Sling Library:

1pm - 3pm	Grange Park Children's Centre	EPEC. Being a parent course: Exchange helpful tips with other parents. Starts 18th September – 20th November. Childcare may be available
5.30pm – 6pm	Layton Library	Starry Night Stories: First Wednesday of the month; 4th Sept, 2nd Oct, 6th Nov, 4th Dec

THURSDAY

Date/Time	Venue	Activity/Course
9.00 – 5.30pm	Grange Park Children's Centre	Don't Forget the Sensory Room! Daily bookings available. Did you know that sensory rooms help improve balance, movement and spatial orientation? In addition sensory play develops visual processing and fine motor skills.
9.15am – 11.15am	Grange Park Children's Centre	Family English: Adult Learning Course. Starts 12th September. Childcare may be available.
10.30am – 11.00am	Layton Library	Baby Bounce and Rhyme
11.15am – 12.15pm Starts 5th September weekly	Grange Park Children Centre	Jo Jingles: A fun lively music and move session that your Toddlers and Babies will love.
1.30pm – 2.30 pm Starts 5th September Term time only	Grange Park Children's Centre	Extremely Messy Play! Bring spare clothes and let your child's imagination, scientific and exploration skills run wild. Messy plays aids the development of fine motor skills, and skills such as pouring, measuring and mixing using jellies, beans, foam, and lots of other fun gooey stuff!
3.30pm – 4.45pm	@ the Grange	Boys and Girls Club young peoples' activities.
3.15pm - 5pm Mondays – Fridays every day	Grange Park Children Centre	'Art': after school family activity. Grange Park Children Centre. Any age welcome. Lots of family fun together!
6pm – 8pm	@the Grange	Reach Out CASHER Group: a new group for young people aged between 10 -16. Come along to developing and learn new skills, make new friends and build your confidence, have someone to talk to, understand the qualities of positive friendships and relationships, play sports, arts and crafts such as paints, clay, sand, pencils, and creating journals. If you would like to attend this group or know someone that would, please email bfwh.casher.team@nhs.net

FRIDAY

Date/Time	Venue	Activity/Course
9:00am – 5.30pm	Grange Park Children's Centre	Sensory Room available for bookings. Did you know that sensory rooms help improve balance, movement and spatial orientation? In addition sensory play develops visual processing and fine motor skills.
9.30am – 4.30pm Starts 20th Sept	Grange Park Children Centre	EPEC Facilitator Course
2pm - 3pm Starts 27th Sept	Grange Park Children's Centre	FRED – Fathers Reading Every Day: FRED is a 4 week programme for Dad's and their children aged 0-4 years, offering tips and tricks to become the best Dad storyteller you can be. You will be helping to build your child's brain and improve their listening and speech. Includes free books and a celebration event.
3.30pm – 4.30pm Starts 30th Oct, for 6 weeks.	Grange Park Children's Centre	After School Cookery Club for Children and Parents: Join us in the café area where you can learn how to cook delicious healthy food. Please book your place at Reception.
every day from 3.15pm - 5pm	Grange Park Children's Centre	'Scrapbook Art' after school family activity: Grange Park Children Centre. Collect your free scrap book and use our arts and crafts resources to fill your art book up. Any age welcome. Lots of family fun together!