



Autumn timetable

7 September to 18 December 2026



SCAN ME

Scan for the online timetable where you'll find full session descriptions

Blackpool
Family Hubs

Session spotlight:

Relationships Matter

Are you a parent who is often arguing with your partner or ex-partner?

You could join us for our Relationships Matter Programme. This programme aims to support you with your relationship and communication skills, handling conflict better, managing stress and exploring the impact of ongoing conflict upon children.

Come along and meet other parents and carers who are in a similar situation.

Let's build better relationships together.

Scan the QR code to complete our online request form.



Do you follow us on Facebook?

For regular reminders of sessions, news and advice, follow Blackpool Family Hubs on Facebook. Scan the QR code now.



Not registered with Blackpool Family Hubs yet?

Scan the QR code to head to our online registration form



Blackpool
Family Hubs

Our Family Hubs

Central Family Hub, Gorton Street, FY1 3JW

Spoke sites: Revue Children's Centre and Westminster Academy

Call: 01253 951190

North Family Hub, Dingle Avenue, FY3 7NX

Spoke site: Blackpool & The Fylde College (Bispham campus)

Call: 01253 476480

South Family Hub, Palatine Leisure Centre, St Annes Road, FY4 2AP

Call: 01253 476550

Bookable courses

Please call your local family hub to book on for these sessions;

- Baby massage
- EPEC Parenting Programme
- HENRY Preparing to Feed my Baby Workshop
- HENRY Starting Solids Workshop
- Relationships Matter Programme
- Triple P For Baby Programme
- Triple P Fearless Programme
- Triple P For Children Programme
- Triple P Stepping Stones Programme
- Triple P Teen Programme

Sessions available at Family Hubs (sorted by age relevance)

Please be aware that some sessions are **term-time only**.

Group	Monday	Tuesday	Wednesday	Thursday	Friday
Well Baby Clinic	Central Family Hub 9.30am to 11am 7 Sep to 14 Dec	North Family Hub 1pm to 2.30pm 8 Sep to 15 Dec	South Family Hub 9.30am to 11am 9 Sep to 16 Dec		
HENRY Bears stay and play – infant feeding support		North Family Hub 1pm to 2.30pm 8 Se to 15 Dec	South Family Hub 9.30am to 11am 9 Sep to 16 Dec	Central Family Hub 9.30am to 11am 10 Sep to 17 De	
Sensory Time		Central Family Hub From walking to 3 years 8 Sep to 15 Dec 1pm to 2pm South Family Hub From birth to crawling 8 Sep to 15 Dec 1pm to 2pm			North Family Hub From birth to crawling 11 Sep to 18 Dec 1pm to 2pm
Neonatal Journey Coffee Morning		Revoe Children's Centre 6 Oct 3 Nov 1 Dec 12.45pm to 2.15pm			
Babbling Babies 0 to 17 months		Central Family Hub 8 Sep to 20 Oct 10 Nov to 15 Dec 10am to 11am		North Family Hub 10 Sep to 22 Oct 15 Nov to 17 Dec 10am to 11am Revoe Children's Centre 10 Sep to 22 Oct 12 Nov to 17 Dec 1pm to 2pm	South Family Hub 11 Sep to 23 Oct 13 Nov to 18 Dec 10am to 11am

Group	Monday	Tuesday	Wednesday	Thursday	Friday
Art at the Start 0 to 4 years	North Family Hub 7 Sep to 19 Oct 9 Nov to 14 Dec 10am to 11am			South Family Hub 10 Sep to 22 Oct 12 Nov to 17 Dec 1pm to 2pm	
Chatting with Children 18 months to 4 years	Revoe Children's Centre 7 Sep to 19 Oct 9 Nov to 14 Dec 1pm to 2.15pm	North Family Hub 8 Sep to 20 Oct 10 Nov to 15 Dec 10am to 11.15am	Central Family Hub 9 Sep to 21 Oct 11 Nov to 16 Dec 1pm to 2.15pm	South Family Hub 10 Sep to 22 Oct 12 Nov to 17 Dec 10am to 11.15am	Blackpool and The Fylde College (Bispham) 2 Oct to 23 Oct 13 Nov to 11 Dec 10am to 11.15am
Talking Tots Explorers 2 years (Booking essential)	To register your interest, please call Claire Woodsford on 07468 351426 Or scan the QR code.	You can also search bit.ly/TTBpI26 	Central Family Hub 16 Sep to 21 Oct 9.30am to 11.30am South Family Hub 11 Nov to 16 Dec 10am to 12pm		
Speech and Language Information Station		North Family Hub 8 Sep 6 Oct 10 Nov 1 Dec 10am to 11.15am	Central Family Hub 16 Sep 14 Oct 18 Nov 9 Dec 1pm to 2.15pm	South Family Hub 24 Sep 22 Oct 26 Nov 17 Dec 10am to 11.15am	
Ready Steady School (For children starting school in Sept 2027)	South Family Hub 5 Oct to 7 Dec 10am to 11.30am				
Active Families Free Family Health Programme (4 years – 11 years)	Please call North Family Hub to book your place 01253 476480	North Family Hub 8 Sep to 10 Nov 4pm to 5pm Booking essential			
Volunteer drop-in Sessions	North Family Hub 7 Sep 5 Oct 2 Nov 30 Nov 10am to 11.30am	South Family Hub 22 Sep 20 Oct 17 Nov 15 Dec 11am to 12pm	Central Family Hub 30 Sep 28 Oct 25 Nov 12.15pm to 1.15pm	Revoe Children's Centre 17 Sep 15 Oct 12 Nov 10 Dec 12pm to 1.30pm	

Group	Monday	Tuesday	Wednesday	Thursday	Friday
Sip and Share coffee morning	Central Family Hub 7 Sep to 19 Oct 9 Nov to 14 Dec 11am to 12pm			North Family Hub 10 Sep to 22 Oct 12 Nov to 17 Dec 11am to 12pm	South Family Hub 11 Sep to 23 Oct 13 Nov to 18 Dec 11am to 12pm (Not taking place on the 2 nd Friday of each month)
Mind Your Step Walk		Watson Road Park, FY4 2BP 22 Sep 20 Oct 24 Nov 10am Meet at the hut in Watson Park.			Stanley Park, FY3 9HU 11 Sep 9 Oct 13 Nov 11 Dec 9.45am Meet at Stanley Park Information Centre
After school fun For schoolchildren of all ages	North Family Hub 7 Sep to 19 Oct 9 Nov to 14 Dec 3.30pm to 4.45pm		South Family Hub 9 Sep to 21 Oct 11 Nov to 16 Dec 3.30pm to 4.45pm Central Family Hub 9 Sep to 21 Oct 11 Nov to 16 Dec 3.30pm to 4.45pm		
Parent Carer Panel (an opportunity to feedback to the Family Hubs team about our service)		Revoe Children's Centre 15 Sep 10am to 12pm North Family Hub 10 Nov 10am to 12pm Central Family Hub 8 Dec 10am to 12pm			South Family Hub 16 October 12pm to 1pm

Group	Monday	Tuesday	Wednesday	Thursday	Friday
Half term sessions 26 October to 6 November	Revoe Children's Centre Interactive Story Session The Gruffalo 26 Oct 1pm to 2pm North Family Hub Spooky crafts 2 Nov 10.30am to 11.30am		Central Family Hub Autumn Craft Session 4 Nov 1pm to 2pm	South Family Hub Interactive Story Session 5 Nov 1pm to 2pm	North Family Hub Interactive Story Session Winnie the Witch 30 Oct 10.30am to 11.30am South Family Hub Halloween Dance and Move 30 Oct 10.30am to 11.30am
SEND fun Please see session details for age ranges.		South Family Hub SEND after school fun (0 to 11 years) 8 Sep 13 Oct 10 Nov 1 Dec 4.30pm to 6pm		Central Family Hub SEND after school fun (0 to 25 years) 17 Sep 22 Oct 19 Nov 17 Dec 4.30pm to 6pm North Family Hub Neuro Ninjas (0 to 13 years) 10 Sep to 17 Dec 4.30pm to 5.30pm	

Group	Saturday sessions		
SEND Saturday	South Family Hub 0 to 11 years 26 Sep 10.30am to 12pm	North Family Hub 0 to 25 years 24 Oct 10.30am to 12pm	Central Family Hub 0 to 25 years 28 Nov 10.30am to 12pm
Family Building and Construction Session	North Family Hub 5 Sep 10.30am to 12pm	Central Family Hub 12 Sep 10.30am to 12pm	South Family Hub 19 Sep 10.30am to 12pm
Family Sensory	North Family Hub 3 Oct 10.30am to 12pm	Central Family Hub 10 Oct 10.30am to 12pm	South Family Hub 17 Oct 10.30am to 12pm
Family Small World Session	North Family Hub 7 Nov 10.30am to 12pm	Central Family Hub 14 Nov 10.30am to 12pm	South Family Hub 21 Nov 10.30am to 12pm
Family Christmas Fun	North Family Hub 5 Dec 10.30am to 12pm	Central Family Hub 12 Dec 10.30am to 12pm	South Family Hub 19 Dec 10.30am to 12pm

Services available at Blackpool Family Hubs

Monday	Tuesday	Wednesday	Thursday	Friday
Central, North, South Midwifery clinic 9am to 5pm	Central, North, South Midwifery clinic 9am to 5pm	Central, North, South Midwifery clinic 9am to 5pm	Central, North, South Midwifery clinic 9am to 5pm	Central, North, South Midwifery clinic 9am to 5pm
Central Family Hub Blackpool Children and Young Person's Advocacy drop-in 28 Sep 26 Oct 23 Nov 9.30am to 11am	Central Family Hub Children & Young People's Wellbeing Practitioner Appointment only	Central Family Hub Stop Smoking Blackpool Addiction Service 9am to 5pm Booking essential	Central Family Hub Stop Smoking Service - Blackpool Midwifery 9am to 3pm Booking essential	North Family Hub Children & Young People's Wellbeing Practitioner Appointment only
Cost of living advice drop-in 7 Sep 5 Oct 2 Nov 7 Dec 9.30am to 11.30am	Blackpool Talking Therapies 9am to 5pm Appointment only	Early Years Funding drop-in 30 Sept 28 Oct 25 Nov 16 Dec 10.30am to 12pm	Baby Steps Booking essential	Blackpool Talking Therapies Appointment only
Clevr Money drop-in 21 Sep 19 Oct 9 Nov 14 Dec 9.30am to 11.30am	Revoe Children's Centre First stages of pregnancy 10am to 12pm Booking essential	Portage Invite only	Revoe Children's Centre Children & Young People's Wellbeing Practitioner Appointment only	South Family Hub Stop Smoking Blackpool Addiction Service 9am to 5pm Booking essential
Horizon family support recovery drop-in 7 Sep 5 Oct 2 Nov 7 Dec 1.30pm to 3pm	Stop Smoking Service - Blackpool Midwifery 12pm to 5pm	Lancashire Women Appointment only	Speech and Language therapy 9am to 5pm Appointment only	Horizon family support recovery drop-in 2 Oct 6 Nov 4 Dec 9.30am to 12.30pm
	Baby Steps Booking essential 10am to 12pm	North Family Hub Citizens Advice Bureau 9.30am to 12.30pm Booking essential	North Family Hub Stop Smoking Blackpool Addiction Service 9am to 4pm Booking essential	
	North Family Hub Clevr Money drop-in 15 Sep 13 Oct 10 Nov 8 Dec 9.30am to 11.30am	First stages of pregnancy 2pm to 4pm Booking essential		

Monday	Tuesday	Wednesday	Thursday	Friday
Revoe Children's Centre Primary mental health and wellbeing drop-in with hubs parenting team Every Monday (except bank holidays) 2pm to 4.30pm	North Family Hub Early Years Funding drop-in 22 Sep 20 Oct 17 Nov 15 Dec 10.30am to 11.30am	North Family Hub Green Doctor drop-in 23 Sept 7 Oct 21 Oct 4 Nov 18 Nov 11am to 1pm	North Family Hub Cost of living advice drop-in 17 Sep 8 Oct 5 Nov 10 Dec 9.30am to 11.30am	
Specialist Perinatal Community Mental Health 9am to 5pm Booking essential	Primary mental health and wellbeing drop-in with hubs parenting team. 15 Sep 20 Oct 17 Nov 15 Dec 2pm to 4.30pm	South Family Hub Cost of living advice drop-in 30 Sep 28 Oct 25 Nov 23 Dec 9.30am to 11.30am	South Family Hub Stop Smoking Service - Blackpool Midwifery 9am to 5pm Booking essential	
Stop Smoking Blackpool Addiction Service 9am to 4pm Booking essential			Early Years Funding drop-in 10 Sep 8 Oct 5 Nov 3 Dec 10am to 11am	
North Family Hub Birth registrations 9am to 3.30pm Booking essential	Blackpool Children and Young Person's Advocacy drop-in 29 Sep 27 Oct 24 Nov 12.30pm to 2.30pm	Blackpool Children and Young Person's Advocacy drop-in 30 Sep 28 Oct 25 Nov 9.30am to 11am		
Baby Steps Booking essential			Baby Steps Booking essential	
South Family Hub Citizens Advice Bureau 9.30am to 12.30pm Booking essential	South Family Hub Primary mental health and wellbeing drop-in with hubs parenting team 6 Oct 3 Nov 1 Dec 2pm to 4.30pm	Clevr Money drop-in 16 Sep 7 Oct 4 Nov 2 Dec 9.30am to 11.30am		
		Specialist Perinatal Community Mental Health 9am to 5pm Booking essential		