

July 2025

# DadMAIL



Hannah, Parent Carer Panel Co-ordinator

**Blackpool Family Hubs** are always looking for dads to contribute to their Parent Carer Panels and Parent Panel activities. The experience of dads is vital and to take part would help shape how they run and what they deliver.

Join Hannah, Parent Carer Co-ordinator each week where you can have a chat, find out what support is available or just have a brew!

**Parent Carer Panel** - Wednesday 9th July at South Family Hub.

**Sip and Share** - term-time only

- Mondays - Central Family Hub - 11am - 12noon
- Thursdays - South Family Hub - 10am - 11am
- Fridays - Layton Methodist Church - 10am - 11am

**Blackpool  
Family Hubs**



## Family Hubs Timetable

You can find events from places including Blackpool Libraries, Family Hubs, Park Rangers and many more all in one place. Find the timetables across all three Hub areas of North, Central and South at [blackpoolbetterstart.org.uk/families/](http://blackpoolbetterstart.org.uk/families/)



## DadPad

DadPad is a free app for Blackpool Dads to access, paid for by Blackpool NHS. It's a great guide for dads-to-be. For more information please visit [www.thedadpad.co.uk](http://www.thedadpad.co.uk)



## World Breastfeeding Week 1-7 August

As a dad you play an important role in your babies feeding. Your support can make a huge difference in your partner's confidence, your baby's well-being, and your bond as a family. For more information on Dads and Infant Feeding visit [www.dadmatters.org.uk/feeding/](http://www.dadmatters.org.uk/feeding/)

Recommended Links

## Meet the Dads' Champs



### Emma

Emma is a Community Connector and her work strand focus is Baby Steps. Emma can guide you through the registration process and support families to sign up and attend Baby Step sessions. Emma can be contacted on **07595465826**



### Kerrie

Kerrie works on the Baby Steps programme and has worked with families for 20 years. She is passionate about including dads during pregnancy and beyond. Contact her about antenatal classes at **T: 07584 441 019** or email: [kerrie.roberts@nhs.net](mailto:kerrie.roberts@nhs.net)



### Eric

Eric is the Dad Matters Coordinator for Blackpool, Fylde and Wyre. Fancy a chat with other dads about being a dad? **T: 07743 7754288** or email: [ericlee@homestartbfw.org.uk](mailto:ericlee@homestartbfw.org.uk)



### Siobhean

Siobhean is responsible for gathering feedback from mums, dads and family on their Neonatal experiences, helping the hospital improve their services. [www.facebook.com/BFWMNVP](https://www.facebook.com/BFWMNVP)

# It's time to...



**Love Parks Week**  
**25 July - 3 August 2025**  
**#LoveParks**



## BLACKPOOL PARK RANGERS



Keep an eye on the Blackpool Park Rangers Facebook page for events taking place throughout Love Parks Week!

Blackpool Park Rangers timetable is available to scan below.

The mini ranger sessions are for children aged 0 to 4 years old. Booking is required. £4 per child.

Scan here for timetable



If you would like any support accessing a funded place, please speak to a Community Connector.

Email: [michelle.ormerwood@nspcc.org.uk](mailto:michelle.ormerwood@nspcc.org.uk)



## Falls from open windows

Scrapes and bruises are a part of growing up. But even a fall from a highchair can cause a bad head injury. That's because babies' heads are much heavier than their bodies, which makes them top-heavy. And when they land, their head takes much of the impact.

***It doesn't make sense trying to stop all falls. But there are some serious ones you can easily stop once you know how and why.***

Watch this video on Parent safety tip: Window locks



***'Nationally, 1 child under 10 is admitted to hospital every day after falling from a building – often from open windows but also from balconies.'***

## DADS IN EARLY YEARS

We'll share links to podcasts or things we've found interesting online each month.

### Men in Early Years

Booking is now open for the October iHV Fathers in Perinatal Mental Health training. Open to anyone working with dads.



### Worth a watch/listen:

Anna Machin presents at the Think Dads conference, explaining the science of Dads.



### Our Community Connectors favourite dads joke



Sally Pye

***"I just got fired from my ice cream shop job..."***

***I refused to work on sundaes!"***

Drop us a message at: [betterstart.cecd@nspcc.org.uk](mailto:betterstart.cecd@nspcc.org.uk) or call Community Development Manager, Colin on 07710 144989

### CONTACTS

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**Blackpool Better Start**

[www.blackpoolbetterstart.org.uk](http://www.blackpoolbetterstart.org.uk)